



CoastalBend FoodBank

FOODS TO DONATE

VEGETABLES: Canned Carrots, Peas, Green Beans, Mixed Vegetables, Tomatoes

FRUIT: Canned Peaches, Pears, Pineapple, Mixed Fruit, Oranges

PROTEIN: Canned Ham, turkey, chicken, salmon, tuna, beans, peanut butter

SOUPS: Low-sodium canned soups

GRAINS: Pasta, Macaroni & Cheese, Rice (Brown), Cereal

OTHER ITEMS: Pasta Sauce & Juice

PERSONAL CARE ITEMS: Toothpaste, shampoo, bath soap, toilet tissue, baby diapers

HOUSEHOLD ITEMS: Laundry detergent, dish soap